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Swimming Lessons – Summer Term

Your child will be attending school swimming lessons in the Summer Term. They will be attending on **Friday** afternoons, starting on **Friday 24th April 2015**.

Please can you read the following information and fill in the attached form so we can update our records.

SWIMWEAR Must be suitable for the purpose and preferably of a dark colour to enable the swimmer to be seen clearly underwater. Girls must wear a one-piece swimming costume and boys must wear swimming trunks (not swimming shorts as these impede the swimming and the teachers cannot see the movement of limbs).

GOGGLES Should only be allowed in exceptional circumstances (i.e. your child has a reaction to the chemicals in the water – please give details in attached sheet). If your child has a need to wear goggles please ensure that they are made of unbreakable plastic or rubber and they are instructed on how to use them correctly before they attend.

HAIR Must be tied back if it is of a length which might impair vision and impede swimming. It is highly recommended that children wear swimming hats.

JEWELLERY/WATCHES (including earrings). Must be removed prior to the swimming lesson. It is recommended that any piercing take place at the beginning of the 6 week holiday. If your child for any reason has had to have a piercing out of this period and cannot remove their earrings they will be excluded until the jewellery can be removed. Safety and medi-alert bracelets or necklaces should be removed and given to the adult in charge for safekeeping. The item should be returned to the child as soon as they exit the pool. If the bracelet cannot be removed it may be taped over securely with waterproof tape.

ASTHMA If your child has asthma, please ensure that they have their inhaler with them and it is clearly labeled with their name

CHILDREN WILL NOT BE ALLOWED TO SWIM IF THEY DO NOT HAVE THEIR INHALER

COATS A waterproof coat must be worn for the walk to and from the swimming baths.

PARENT HELPERS We would really welcome any parent helpers. If you would like to help or would like to know more, please see your class teacher or the office (a CRB clearance will be undertaken prior to commencement of help).

If you have any questions or need clarification please do not hesitate to contact us.

