

Sports Leadership for KS2...the benefits to the school and your learners



What are the benefits of sports leadership?



What makes a good sports leader?

What skills are the learners gaining from sports leadership?

Confidence & self esteem

Represent the voice of young people

Act as role models

**Introduce & promote
new sports**

Additional workforce

Inspirational and influential

Organised & inclusive

Passionate and enthusiastic

Committed & helpful

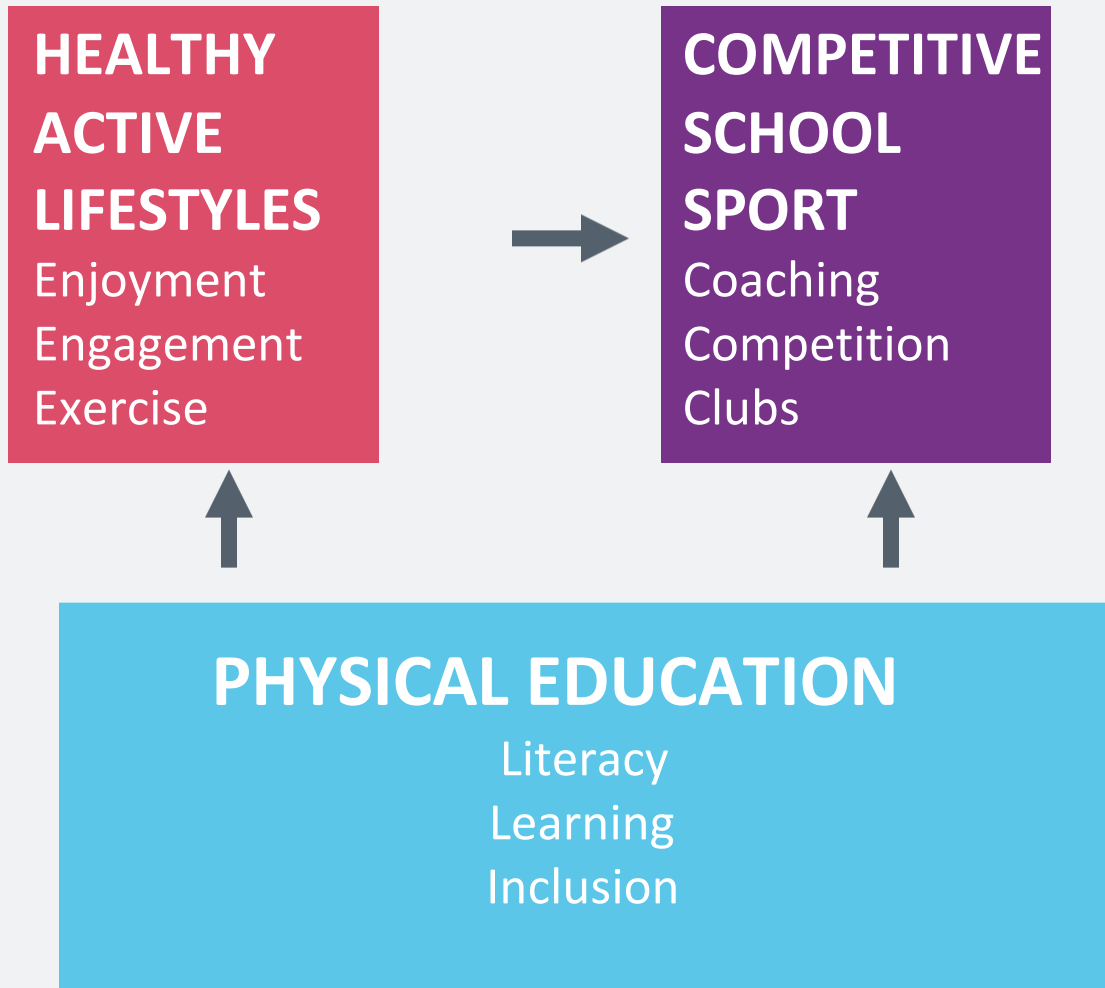
Good communicator & listener

**Compassionate & work
collaboratively**

Perservers & risk taker

Innovative & creative

Where are there opportunities & what are the challenges in your school for sports leadership?



How are you going to make it happen?



How are you going to develop your sports leadership?

TOP TIPS!

Case studies



- Developing Young SEND leaders to support and deliver level 1, 2 and 3 School Games competitions.....**now confident leaders who are inclusive and have the ability to adapt their sessions and provide more opportunities for young people at their school**
- Used C4L as a tool to transform lunchtime behaviour by identifying young leaders from Yr 5 to attend C4L Champions training alongside a lunchtime supervisors training course.....**improved attitudes, behaviour and social skills**
- The school can now evidence, through the School Games Mark, that their children are engaging as leaders, coaches and officials
- Having structured active lunchtimes that have been lead by young leaders in yr 6 has led to....**more focus and better concentration in afternoon lessons, improved behaviour and more co-operation**

Transferrable skills

Young People Develop



HEAD – Thinking / Creative

- Decision Makers
- Analytical
- Confident
- Independent thinkers

Creative

- Imagination
- Creates ideas
- Ability to solve problems

Thinking

- Inquisitive
- Rational Decision Making
- Reflection
- Analyse

Personal

- Self confidence
- Self esteem
- Responsibility
- Motivation
- Aspiration



HEART – Social / Emotional / Health

- Involved / Engaged
- Showing Positive Behaviours / Attitudes
- Developing Character / Values
- Developing Healthy Active Lifestyles - Habits

Social

- Respect for others
- Communicate effectively

Physical

- Healthy Active Lifestyles



HANDS – Physical / Competent

- Physically Literate
- Age / Stage relevant – Development
- Physically active
- Competitive