

MyLO: To understand physical and emotional changes at puberty.		Date:
Our aims this lesson: I can identify some of the changes that will happen in my body and other bodies during puberty. I can describe who to talk to when I need help dealing with the changes at puberty. I can ask for support for any changes that are difficult to manage.	Key Vocab: Rules Physical Emotional Changes Puberty Identify Support Manage Difficult Penis Vagina Testicles Pubic Hair Sperm Semen Scrotum Erection Breasts Nipples Hormones	
		
Plenary Points: Name a change for both a girl and boy during puberty: Boy: _____ _____ Girl: _____ _____ Who can I speak to if I'm struggling with changes during puberty? _____ _____ _____ _____		