

MyLO: RSE – To develop a positive sense of self.**Date:****Our aims this lesson:**

**I can show respect to others
who are different to me.**

**I can tell you at least one thing
I am good at.**

**I can tell you one thing I can do
to make myself feel better if I
am feeling down.**

Key Vocab:

Rules
Positive
Respect
Difference
Similarities
Feel better
Feeling down
Personality
Characteristics

**Plenary Points:**

How do we know when we are feeling down?

What can we do to make ourselves feel better?
