



Mundy C of E Junior School - RSE Resources



Here are a range of websites and books you can use to help support teaching and learning within RSE.

Websites:

[NSPCC Website - Lessons Plans/Videos/Resources](#)

[Growing Up with Yasmine and Tom Website](#)

[BBC Bitesize - SEN RSE](#)

[Let's stop abuse together. \(campaign.gov.uk\)](#)

[Age 6-10 | Outspoken Sex Ed \(outspokeneducation.com\)](#)

[Stages of puberty: what happens to boys and girls - NHS \(www.nhs.uk\)](#)

[Sex Ed Rescue | A better way to start sex education](#)

[Talking about difficult topics | NSPCC](#)

[Sex education - a guide for parents \(autism.org.uk\)](#)

[Advice for parents and carers - UK Safer Internet Centre](#)

Books:

Dr Ranj - How to Grow Up

Victoria Parker - Girls Only

Osborne Facts of Life - Growing Up

James Dawson - Being a Boy

Babette Cole - Hair in Funny Places

Robert Winston - Help your kids with growing up

Robie H Harris and Michael Emberley - Let's Talk About Where Babies Come From

Gemma Cairney - Open Your Heart: Learn to Love Your Life and Yourself

Phil Wilkinson - Boys Guide to Growing Up

Anita Naik - The Girls Guide to Growing Up

Karen Gravelle - The Period Book

Kate E Reynolds - Things Ellie Likes: A Book About Sexuality for Girls with Autism

Kate E Reynolds - Things Tom Likes: A Book About Sexuality for Boys with Autism

Molly Potter - Sex and Relationship Education for ages 7-9

Molly Potter - Sex and Relationship Education for ages 9-11

Usbourne Books - What's happening to me? (Boys Edition)

Usbourne Books - What's happening to me? (Girls Edition)