

MJS – PE - Long Term Plan

KS2 - Mixed Year Groups:

KS2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Yr 5 & 6	Gymnastics	Invasion Games	Team Sports	Athletics	Health Related Fitness	Striking Sports
<i>Y5 pos</i>	Gymnastics	Handball & Basketball	Dodgeball	Athletics (indoor)	Boxercise	Cricket & Rounders
Yr 3 & 4	Gymnastics	Invasion Games	Team Sports	Athletics	Health Related Fitness	Striking Sports
<i>Y3 pos</i>	Gymnastics	Handball & Basketball	Dodgeball	Athletics (indoor)	Boxercise	Cricket & Rounders

In line with the National Curriculum 2014 each class partakes in a swimming lesson once a week for an entire term.

Green Pod – Autumn Term

Yellow Pod – Spring Term

Blue Pod – Summer Term