

Name

Score

%

Level



1

A balanced diet

ANIMALS

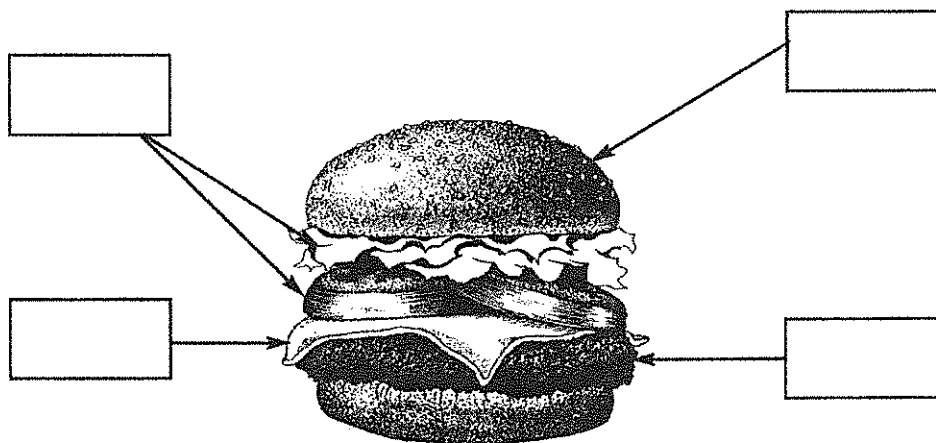
Y3

As part of a balanced and healthy diet, humans should eat:

- fruit and vegetables (fv)
- bread, rice, potatoes and pasta (brpp)
- milk and dairy products (mdp)
- meat, fish, eggs and beans (mfeb)



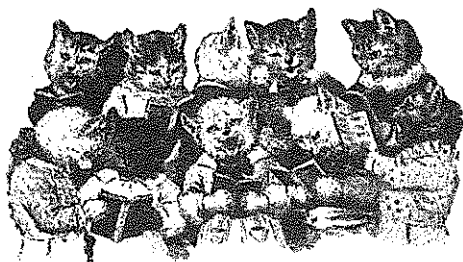
Label the cheeseburger using the letter-groups.



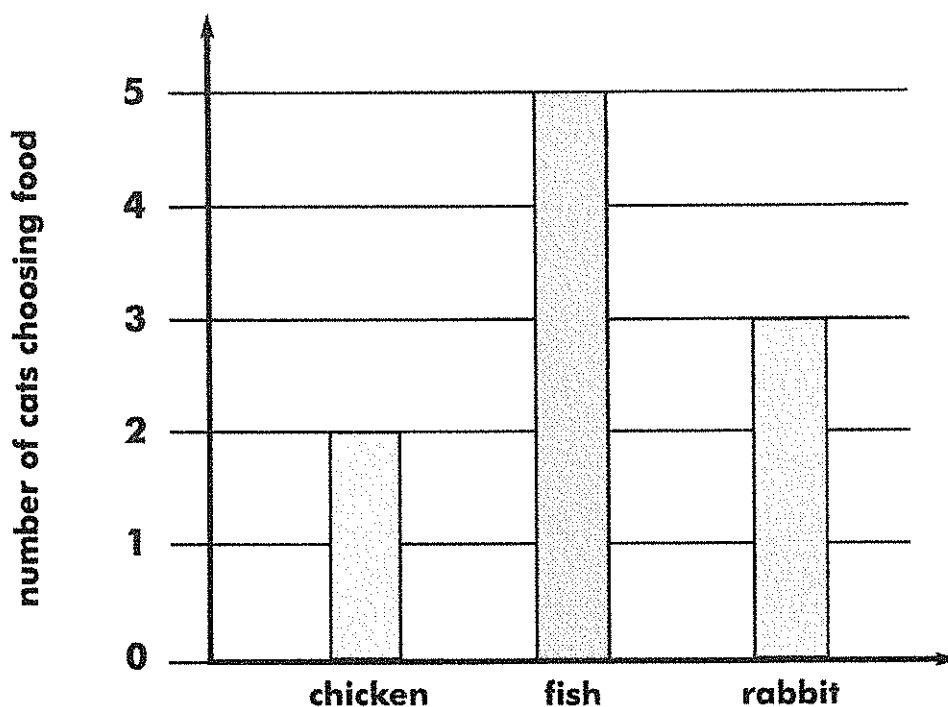
Which group is linked to '5 a day'?

Which group should you not eat too much of due to the amount of fat in the foods?

Cats and their food



Ten cats took part in a test to see which food they liked best - **chicken**, **fish** or **rabbit**. The results are shown in the graph.



How many chose fish? _____

How many chose rabbit? _____

How many more chose fish than rabbit? _____

What conclusion can be made from the test results?

