



Mundy C of E Junior School

P.E. Policy

July 2022

'Let love and kindness be the motivation behind all that you do.' (1 Corinthians 16:14)

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Physical Education Policy - Mundy C.E. Junior School

This policy has been revised recognising the Government Sports Premium Funding. In addition to this, it recognises the proposed changes to the 2014 National Curriculum.

Purpose of study

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Aims

Ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

In addition to these aims, Mundy C.E. Junior School ensures:

- The school values (Be Statements) are shown through teaching: *respect, trustworthy, pride, responsibility, determination, politeness, safety, happiness, caring and prepared.*
- lessons are to be planned and implemented to ensure that there are no barriers to every pupil achieving.

Attainment targets

By the end of each key stage, pupils are expected to know, apply, and understand the matters, skills and processes specified in the relevant programme of study.

Staffing/Staff Development:

The Sports Premium Funding has enabled the utilisation of sports coaches to support PE lessons. The PE Coordinator (DB) is responsible for specialist sports coaches to lead PE lessons. Teachers are responsible to support, observe and ultimately use these experiences to enhance their PE teaching practise.

Each teacher is responsible for the planning and teaching of the PE lessons that they are timetabled to teach. See school online server for PE units to be covered in each half term.

Staff should be suitably attired for PE lessons. Clothing and footwear should allow for adequate freedom of movement and to be able to deal with any problem that may arise and to perform any demonstrations.

PE Units

Staff will follow the planned PE units. The unit's overview has been proposed to coincide with the 2014 National Curriculum. It enables children to experience a wide range of PE, both taught by Mundy C.E. Junior School staff and Amber Valley School Sports Partnership (AVSSP) coaches.

Entitlement:

All KS2 children will participate in a term of swimming and water safety.

KS1

Pupils should be taught to:

- master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

KS2

Pupils should be taught to:

- use running, jumping, throwing, and catching in isolation and in combination
- play competitive games, modified where appropriate, such as badminton, basketball, cricket, football, hockey, netball, rounders, and tennis, and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control, and balance, for example through athletics and gymnastics
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Extra Curriculum activities:

Aim is to enable and encourage more children to get involved in sport. PE Coordinator (DB) is responsible for updating statistics referring to the number of children involved in extra curricular activities. (Pupil groups include Pupil Premium, SEN, Vulnerable and G&T.)

Mundy C.E. Junior School offers a wide range of physical activities. We compete regularly in school competitions (see PE display and website) and through after school clubs. The employment of specialist sport coaches (AVSSP) also supports these activities.

Adults Other Than Teachers (AOTTs):

Volunteers and Paid Coaches in PE lessons and sport:

- The teacher always maintains the overall responsibility for the pupils and the work of the supporting volunteer.
- The teacher/leader of PE lesson/activity will maintain responsibility for all aspects of pupil learning and safety.

- Initially a member of the school teaching staff should always directly supervise a volunteer or paid coach and evaluate their competence. At a later stage the level of supervision for paid coaches, and in some instances volunteers, may vary depending on their competence (assessed based on their skills, qualifications and experience) and the level of responsibility given to them. (This decision must be based on a thorough, recorded risk assessment of the specific circumstances.)

Safe Practice:

Refer to 'Safe Practice in PE and Sport (New Edition)' situated in the staff room. Consult PE Coordinator (DB) to highlight any new risks that may occur, such as damaging of equipment.

Each activity and activity area will be/has been risk assessed and can be found in the Risk Assessment for PE file. Staff leading PE lessons/activities are responsible to view the relevant risk assessment.

At the discretion of the organising staff member, parents may be invited to watch sporting activities. If this is the case, this should be included and considered as part of the risk assessment.

Responsibility:

The Headteacher is responsible for the overall safety administration within the school.

Each teacher of PE/coach is responsible for:

- Briefing children on safety prior to any physical activity. Check the environment, clothing and ensure children warm up.
- Recognising and assessing the degree of potential danger associated with any physical education activity.
- Ensuring that the necessary precautions are taken in any activity with which any hazard is connected.
- Ensuring that in the event of an accident, they deal with the child's injury appropriately. A First Aider is informed, and the injury is recorded. Inform Headteacher if Parents/Carers need to be contacted.

Clothing and Footwear:

- All children come to school in PE kit on their designated PE day/s (white t-shirt and navy shorts.)
- Children must wear plimsolls or trainers when doing activities outdoors.
- All children must be barefoot in gymnastics and dance, even when suffering from verrucae, as they are only contagious when wet.
- It is recommended that additional appropriate clothing is worn in cold weather for outdoors lessons.
- No-one must be allowed to work in socks or tights.
- All jewellery should be removed by the children.
- Long hair should be tied back, and inappropriate head bands removed.
- To be excused from physically performing in the lesson children must provide a note from home.

Equipment:

- Each member of staff is responsible for reporting any faults/damage to the PE Coordinator (DB) and Headteacher, so that arrangements can be made for repair or replacement.
- All portable equipment should be stored away safely and be easy to move by pupils under supervision.
- The safe use of equipment will be always encouraged and children will be trained to lift, carry, erect and dismantle apparatus safely.
- The teacher must check all equipment before children use it.
- A calm approach to the use of gymnastic apparatus is essential. Quiet concentration should be demanded of each pupil.
- Apparatus should be arranged to allow adequate space for individuals to avoid collisions.
- The identified purpose of any activity on the apparatus should be clearly understood by teachers, teaching assistants and pupils.
- When pupils put out the apparatus, they should sit away from the apparatus and wait until the teacher has completed a safety check. No child should use the apparatus until this check has been completed.
- Teachers should make safe free-standing non-P.E equipment.
- Mats should be placed where it is expected that pupils will need to cushion deliberate landings but should not be placed around profusely because this can produce real danger.
- Pupils should be taught to be aware of the need to readjust mats that may have moved during use.
- All classes are responsible for putting out and clearing away apparatus.
- Children must face the way they are walking when carrying equipment.

Equal Opportunities, Inclusion and SEN:

The PE curriculum is accessible to all children regardless of ability. Children with learning difficulties may need extra support/reinforcement. However, they may excel in different areas of PE which, of course, is to be encouraged. More able children may require more challenging activities or opportunities to enhance their specific talents. By providing teacher support and positive reinforcement, varying instructions, and also challenging activities all levels can be supported. We recognise that there are children of widely different physical abilities, so we aim to set common, open-ended tasks, set tasks of increasing difficulty, group children sensitively and set different tasks according to the group and use TA's where appropriate. Consideration of children's IEP's is incorporated. (See Equality Policy & Accessibility Policy.)

Please see SEN policy.

The Learning Environment:

The member of staff teaching the lesson is responsible for providing a safe, secure environment, structuring a lesson so that it physically and mentally challenges each individual child

Teaching/coaching staff are responsible for ensuring that the necessary precautions are taken in any activity with which any hazard is connected.

Monitoring and Review:

The PE Coordinator (DB) is responsible for the quality of PE in the school and supports colleagues in their planning, teaching, and assessment, keeping up to date with current developments and providing a strategic lead in the subject. PE lessons are monitored by the PE Co-ordinator (DB) as part of the whole school monitoring policy. An action plan (SDP) is written and reviewed annually.

The governors monitor PE provision, resources and observe the learning of pupils. Reports are submitted to the full governing body.

Assessment and Recording:

In PE assessment will be undertaken using the Assessment and Planning Overview. Teacher assessment can be provided upon request. Assessment is an integral part of teaching and should inform future teaching and learning.

It is the role of the subject leader to ensure assessment is standardised and completed for each child.

In the summer term, Year 6 PE assessment information will be passed onto the feeder High School for each child.

Resources:

- See outdoor PE cupboard for specific resources and equipment
- AVSSP coaches use own equipment
- 'Safe Practice in PE and Sport (New Edition)' situated in the staff room
- Units on server
- Assessment and Planning Overview.

Policy Review Date:

This Policy will be reviewed July 2023